



REISA

*Le Réseau de l'Est de l'Île pour les services en anglais*  
*The East-Island Network for English-Language Services*

# Community Sector Internship Opportunities



**Dialogue McGill**

An initiative of McGill Training and  
Retention of Health Professionals Project.



Health  
Canada


Santé  
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This initiative is funded by Health Canada, and supported by Dialogue McGill at McGill University, under the Action Plan for Official Languages – 20182023: Investing in Our Future. The views expressed herein do not necessarily represent the views of Health Canada, McGill University, and Dialogue McGill.

Le Réseau de l'Est de l'Île pour les services en anglais  
The East Island Network for English Language Services

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Text last updated: March 2024.

Please note that the information contained in this document is subject to change. REISA will not be held responsible for any content that may be out of date. Do not hesitate to contact us if you have any questions or comments.

# Almage Seniors Community Center



## About

Located in Montreal's East end, the Almage Senior Community Centre promotes a 'senior helping senior approach, with the organization's mission to improve the quality of life for seniors who live independently. Students completing their internship at Centre will facilitate, develop, and support programs and services that are designed to enhance seniors' dignity, support their independence, and encourage their community involvement. Almage welcomes interns from various fields and levels of study who are dedicated to breaking senior isolation.

## Learning Experience

- Support, develop, and facilitate programs, activities, and services for senior health promotion, education, recreation, social integration, and support.
- Collaborate with professionals in multidisciplinary teams.
- Organize and host fundraising events to ensure the vitality of this center.
- Collaborate directly with seniors through their active role as group and activity facilitators.
- Support and encourage the seniors' independence through community involvement and promotion of healthy living.

## Suggested Disciplines

- Social Work and Social Service
- Physical and Occupational Therapy
- Dietetics and Human Nutrition
- Applied Human Sciences
- Creative Arts Therapies
- Nursing

## Contact Information

Mirella Castrechini, Executive Director  
Almage Senior Community Centre  
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Website: [www.almage.org](http://www.almage.org)

### Internship Feedback:

“Almage is a great place to complete your internship. Although I encountered a number of challenges, I gained a lot of knowledge in my ability to tackle these issues and I am very grateful for that.”

# Don Bosco Youth Leadership Centre (DBYLC)

## About

Located in Montreal's East end, the Don Bosco Youth Leadership Centre (DBYLC) is a non-profit community organization focusing primarily on youth, teenagers, and young adults. The Centre's goal is to provide opportunities for positive growth and to offer vibrant and varied programs. The DBYLC seeks to create change by promoting opportunities for student interns to explore their leadership skills and qualities in terms of social, cultural, moral, educational, and recreational aspects. The Centre welcomes interns who are dedicated to social development through the creation and support of community programs and initiatives.

## Learning Experience

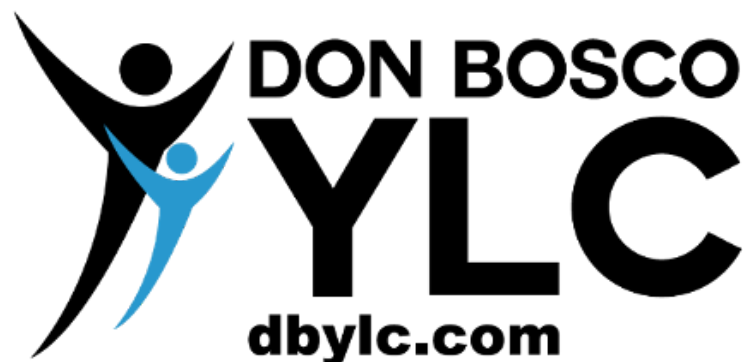
- Plan, animate, and coordinate various youth groups and activities such as the Centre's Future Leaders Project, various teen programs, and Girls Club Program
- Participate in and manage special events hosted by the Centre such as the Don Bosco Youth Festival
- Create initiatives to reach out to youth in need.

## Suggested Disciplines

- Applied Human Sciences
- Creative Arts Therapies
- Marketing and media (social media)

## Contact Information

Theo Vecera, Program Coordinator  
Don Bosco Youth Leadership Centre—DBYLC  
11991 Pierre Baillargeon  
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# Center of Dream and Hopes (CDH)



## About

Interning at the Center of Dreams and Hopes (CDH) will allow you to practice in a collaborative environment, where the mission of this organization is to support the preservation and development of English therapeutic and recreational activities for youth and young adults (aged 21+) with intellectual and/or physical disabilities. Located in Montreal's East end, CDH encourages an integrative approach in their mission to improve access to health and social services for primarily English-speaking youth and young adults with intellectual and/or physical disabilities.

## Learning Experience

- Participate in multidisciplinary team meetings and case discussions
- Collaborate with special needs clients and their caregivers through a variety of social intervention skills learned in training
- Complete grant applications and research funding opportunities to ensure this center's sustainability
- Incorporate an interdependent framework by providing psychosocial support counseling, resources, and referral information to parents and caregivers
- Community outreach through the facilitation of self-care support and wellness groups

## Suggested Disciplines

- Social Work and Social Service
- Physical and Occupational Therapy
- Communication Sciences and Disorders
- Creative Arts Therapies
- Special Care Counselling

## Contact Information

Josie Primiani, President  
Center of Dreams and Hopes—CDH  
12550 boulevard Lacordaire  
Montréal-Nord, QC, H1G 4L8  
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**Internship Feedback:**  
“Completing my field placement at CDH was eye-opening. CDH allowed me to pursue my passion for human connections, as this organization applies an integrated approach and is an innovator in empowering individuals to create change.”

# REISA

# The East Island Network for English Language Services

## About

REISA, a community organization, seeks to increase access to health and social services in the English language in areas where minority groups are more comfortable receiving services in English than French, through collaboration with public, private, and community stakeholders. This organization has been a pioneer in terms of strengthening and improving the vitality of the English-speaking minority community in the East and North ends of Montreal, as REISA is an advocate for the promotion and preservation of Quebec's vibrant and multicultural population. REISA's head office is located in Saint-Léonard, with satellite offices in Saint-Laurent and Rivière-des-Prairies.

## Learning Experience

- REISA's resource guide for health and social services in English in Montreal:
  - Reach/Outreach (phone call, email) to organizations listed in REISA's resource guide.
  - Discovering their current service offering and if it has changed.
  - Updating the resource guide with changes and/or new organizations
- Workshop(s) for a group of seniors in Saint-Laurent:
  - Visiting the seniors center, asking the coordinator and seniors what their interests are for a future workshop.
  - Designing the workshop
  - Animating the in-person workshop
- Workshop(s) for a group of young families in Rivière-des-Prairies:
  - Develop a survey to discover their needs and interests in a future workshop.
  - Design and animate the workshop (virtual or in-person, depending on the families' preference)
- Virtual Lunch and Learn:
  - Free and voluntary participation by health professionals
  - Lunch and learn sessions are virtual and held once a week for 1 hour
  - Lesson planning for 1-2 hours before each lesson
  - Sharing his/her screen with short videos on YouTube, healthcare 'lingo' documents, simple phonics, pronunciation, etc.
  - Have participants read aloud different blurbs.
  - Role-play.



# REISA

## The East Island Network for English Language Services

### Suggested Disciplines

- Community, Public Affairs, and Policy Studies
- Applied Human Science - Human relations.
- Communications

### Contact Information

Pamela Morrone, Youth Network Coordinator  
REISA

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Website: <http://www.reisa.ca>



# Centre Leonardo Da Vinci

## About

Through its cultural, artistic, sporting, and social activities, the Leonardo da Vinci (LDV) Centre seeks to enhance the unity of Montreal's Italian community, nourish exchanges among people of all ages, and strengthen bonds between cultural communities.

The LDV Centre is the ideal place to organize events, meetings, art exhibitions or attend plays, computer courses, concerts, or films. In addition, the modern sporting club facilities and activities for youth and seniors are always available.

The LDV Centre is building a community heritage today for the generations of tomorrow.

## Suggested Disciplines

- Applied Human Sciences: Human Relations

## Contact Information

Milva Franzini, Coordinator of Education Programs

Centre Leonardo Da Vinci

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Website: <http://www.cldv.ca/>



# Community Learning Center (CLC)

## About (Currently not taking interns fall 2024)

LEARN's Network of Community Schools, known as Community Learning Centres (CLC Schools), has a dual role in Quebec: student perseverance and community vitality. In CLC Schools, a dedicated coordinator works closely with school principals and staff to establish mutually beneficial partnerships with community-based organizations, municipalities, local businesses, families, and community members. These partnerships result in support for community and school improvement through enhanced access to recreational, educational, social, and cultural opportunities for youth, families, and the English-speaking community at large. LEARN's Network of Community Schools (CLCs) brings together the expertise and efforts of educators, students, parents, and partners in our community to cultivate success for all learners.

## Learning Experience

- Engage in community development
- Project planning and development in partnership with the CLC, Youth Workers, or Spiritual Animators.

## Suggested Disciplines

- Community, Public Affairs and Policy Studies
- Social Service

## Contact Information

Ramona Potesta, Community Development Agent  
Laurier Macdonald High School  
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Website: <http://www.lauriermacdonald.ca/clc.asp>



# Italian-Canadian Community Service of Québec (SCCIQ)

## About

Completing a field placement at the SCCIQ is unquestionably an enriching experience, as this organization seeks to provide targeted individuals, groups, and organizations with opportunities to fully utilize and integrate existing services offered in and by both Quebec and Canadian society. Established in Montreal's East end, this community partnership welcomes both local and international student interns from different areas and levels of study to provide psychosocial assistance, support, and resources to a multitude of client demographics. Given that Montreal's East has a significant Italian population, whose younger generation is mostly English-speaking; the SCCIQ promotes Italian culture and language and provides services in English, as this organization strives to encourage this demographic's involvement within the community.



## Learning Experience

- Collaborate with youth, families, adults, and the elderly
- Counsel, support, and refer client demographics to existing resources
- Work on multidisciplinary teams
- Facilitate support groups, workshops, and conferences to promote and address health-related subjects
- Support and develop different programs and activities promoting healthy living
- Develop hands-on tools and resources
- Participate in health kiosks at community centers, educational institutions, and pharmacies

## Suggested Disciplines

- Social Work and Social Service
- Applied Human Sciences
- Nursing
- Dietetics and Human Nutrition

## Contact Information

Maria Maiolo, Executive Director  
Italian Canadian Community Service of Québec— SCCIQ  
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Website: [www.scciq.com](http://www.scciq.com)

### Internship Feedback:

“It has been a pleasure completing my placement at the SCCIQ because I get a touch of everything. I am able to work with dynamic and diverse populations. The SCCIQ and its network partners are easily accessible via public transportation.”

# Toxico-Stop Center

**TOXICO**

**STOP**



## About

Completing a field placement at Toxico-Stop Centre allows interns to practice in an autonomous environment, as this organization seeks to provide services to adults over the age of 18 who have addiction problems. Toxico-Stop provides programs and services through a humanistic approach which recognizes that treatment must be tailored to the individual and their specific needs by creating a warm, trusting, and safe environment. Located in Montreal's East end, the Centre welcomes student interns from diverse areas and levels of study who are passionate about assisting individuals access specialized services to help them overcome their addiction difficulties.

## Learning Experience

- Collaborate with youth, families, adults, and the elderly
- Counsel, support, and refer client demographics to existing resources
- Work on multidisciplinary teams
- Facilitate support groups, workshops, and conferences to promote and address health-related subjects
- Support and develop different programs and activities promoting healthy living
- Develop hands-on tools and resources
- Participate in health kiosks at community centers, educational institutions, and pharmacies

## Suggested Disciplines

- Youth and Adult Correctional Intervention
- Special Care Counselling (specialization in Substance Abuse Counselling)
- Nursing (specialization in Addiction)
- Social Work

## Contact Information

Joe Marsillo, Executive Director  
Toxico-Stop Centre  
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Website: <http://www.toxico-stop.com>

### Internship Feedback:

“Toxico-Stop Centre is perfect for interns that are looking for a dynamic and fast-paced environment. That being said, workers from Toxico-Stop make you feel like you are part of their team, as they give you responsibility and autonomy, making this experience extremely gratifying.”

Find out more and get involved!

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