



DECEMBER 5th 2023



10:00AM-12:00PM



11991 Av. Pierre-Baillargeon

Join REISA for an empowering and informative session on Self-esteem, anxiety, and social skills for your little ones

[**REGISTER HERE!**](#)

PRESENTED BY



ALBINA SARNO

Albina has over 16 years experience working with children, adolescents and families and currently works in the Family and Youth in Difficulty program at the CIUSSS de l'Est-de-l'Ile-de-Montreal.



SABRINA BOUFFARD

Sabrina is a Behaviour Technician with over 8 years of experience. She has been working at the CLSC for a little over 5 years and her experience includes working for a community organization as coordinator of a social skills program in elementary schools. Working with families is her passion!



Centre intégré universitaire de santé et de services sociaux de l'Est-de-l'Ile-de-Montréal

