



REISA Parents & Tots Series NUTRITION



November 14, 2023



10:00AM-12:00PM



11991 Av. Pierre-Baillargeon

Join REISA for an informative session on nutrition for your little ones.

[REGISTER HERE!](#)

PRESENTED BY



Aki Avis
Dietitian-Nutritionist

Hello! I'm Aki, a registered nutritionist from the Perinatal and Early childhood Prevention and Promotion team at the CIUSSS de l'est de Montréal.

I work with pregnant women of the community that live below the poverty line, as well as children aged 0-5 years old with various nutritional issues, such as food selectivity, allergies and anemia.



Centre intégré universitaire de santé et de services sociaux de l'Est-de-l'Île-de-Montréal

