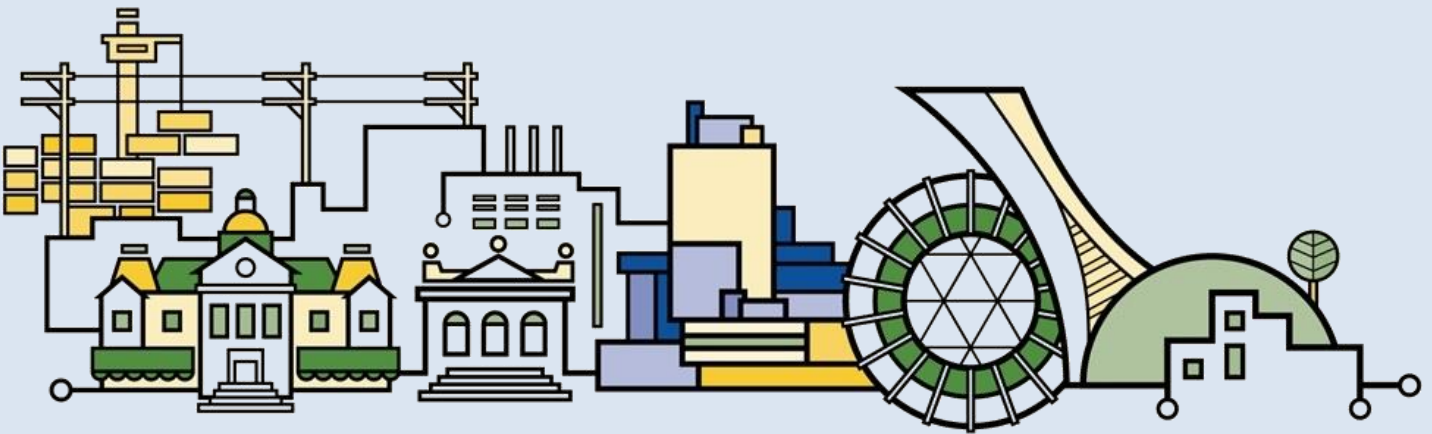




Le Réseau de l'Est de l'Île pour les services en anglais  
The East Island Network for English Language Services

# East Island Community Sector Internship Opportunities



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## McGill Training and Retention of Health Professionals Project

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## Developed by

Le Réseau de l'Est de l'Île pour les services en anglais  
The East Island Network for English Language Services

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## **Notice of Keeping Information Current:**

*Please note that the information contained in this document is subject to change. REISA will not be held responsible for any content that may be out of date. Do not hesitate to contact us if you have any questions or comments.*

# Seniors



## **Almage Senior Community Centre**

### **Join a Dynamic Community**

Located in the East end of Montreal, the Almage Senior Community Centre promotes a 'senior helping senior approach' in which the mission of this organization is to improve the quality of life of seniors who live independently. Students completing their internship at this centre will facilitate, develop and support programs and services that are designed at enhancing seniors' dignity, support their independence and encourage their community involvement. Almage welcomes interns

from various fields and levels of study who are dedicated to breaking the unfortunate reality of senior isolation.

### **Internships Available for the Following Disciplines**

- Social Work and Social Service
- Physical and Occupational Therapy
- Dietetics and Human Nutrition
- Applied Human Sciences
- Creative Arts Therapies
- Nursing

### **Learning Experience**

- Support, develop and facilitate programs, activities and services that cover senior health promotion, education, recreation, social integration and support
- Collaborate with professionals in multidisciplinary teams
- Organize and host fundraising events to ensure the vitality of this centre
- Collaborate directly with seniors through their active role as group and activity facilitator

- Support and encourage the seniors' independence through community involvement and promotion of healthy-living

### **Feedback from interns**

*Almage is a great place to complete your internship. Although I encountered a number of challenges, I gained a lot of knowledge in my ability to tackle these issues and I am very grateful for that.*

### **Contact Us**

Tonya Wright

Activity Coordinator

Almage Senior Community Centre

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# Youth



## **Don Bosco Youth Leadership Centre (DBYLC)**

### **Join a Dynamic Community**

Located in the East end of Montreal, the Don Bosco Youth Leadership Centre (DBYLC) is a non-profit community centre focusing primarily on youth, teenagers and young adults, whose goal is to provide opportunities for positive growth and to offer vibrant and varied programs. The DBYLC seeks to create change by promoting opportunities for student interns to explore their leadership skills and qualities in terms of social, cultural, moral, educational and recreational aspects. This centre welcomes interns who are dedicated to social development through developing and supporting community programs and initiatives.

## **Internships Available for the Following Disciplines**

- Applied Human Sciences
- Creative Arts Therapies

### **Learning Experience**

- Plan, animate and coordinate various youth groups and activities such as the centre's Future Leaders Project and Girls Club Program
- Participate in and manage special events hosted by the centre such as the Don Bosco Youth Festival
- Develop the DBYLC's Social Media Phone App Project

### **Contact Us**

Theo Vecera

Program Coordinator

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# Special Needs



## **The Center of Dreams and Hopes (CDH)**

### **Join a Dynamic Community**

Interning at the Center of Dreams and Hopes (CDH) will allow you to practice in a collaborative environment, where the mission of this organization is to support the preservation and development of English therapeutic and recreational activities for youth and young adults (aged 0-21) with intellectual and/or physical disabilities. Located in the East end of Montreal, CDH encourages an integrative approach in their mission to improve access to health and social services in the East end for primarily English-speaking youth and young adults with intellectual and/or physical disabilities.



## **Internships Available for the Following Disciplines**

- Social Work and Social Service
- Physical and Occupational Therapy
- Communication Sciences and Disorders
- Creative Arts Therapies
- Special Care Counselling

## **Learning Experience**

- Participate in multidisciplinary team meetings and case discussions
- Collaborate with special needs clients and their caregivers through a variety of social intervention skills learned in training
- Complete grant applications and research funding opportunities to ensure this centre's sustainability
- Incorporate an interdependent framework by providing psychosocial support counselling, resources and referral information to parents and caregivers
- Community outreach through the facilitation of self-care support and wellness groups

## **Feedback from interns**

Completing my field placement at CDH was eye-opening. CDH allowed me to pursue my *passion for human connections*, as this organization applies an *integrated approach* and is an *innovator in empowering individuals to create change*.

## **Contact Us**

Josie Primiani

President

Center of Dreams and Hopes—CDH

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# Community



## **The East Island Network for English Language Services (REISA)**

### **Join a Dynamic Community**

REISA, a community organization, seeks to increase access to health and social services in the English language in areas where minority groups are more comfortable receiving services in English than French, through collaboration with public, private and community stakeholders. This organization has been a pioneer in terms of strengthening and improving the vitality of the English-speaking minority community in the East end of Montreal, as REISA is an advocate for the promotion and preservation of Quebec's vibrant and multicultural population.

## **Internships Available for the Following Disciplines**

- Community, Public Affairs and Policy Studies

### **Learning Experience**

- Advocate and engage in community development and capacity-building through education and health promotion
- supporting member organizations & fostering partnerships
- Data collection and research-sharing
- Participate in career-fairs to promote health and social service job opportunities in the East end of Montreal

### **Contact Us**

Ari Kevork Daghljan

Communications and Projects Agent

REISA

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## **Centre Leonardo Da Vinci**

### **Join a Dynamic Community**

Through its cultural, artistic, sporting and social activities, the LDV Centre seeks to enhance the unity of Montreal's Italian community, nourish exchanges among people of all ages and strengthen bonds between cultural communities.

The Leonardo da Vinci Centre is the ideal place to organize events, meetings, art exhibitions or attend plays, computer courses, concerts or films. In addition, our modern sporting club facilities and activities for youth and seniors are always available.

We are building a community heritage today for the generations of tomorrow.

## **Internships Available for the Following Disciplines**

- Applied Human Sciences- Human Relations

### **Contact Us**

Virginia Castro Lopez

Coordinator of Education Programs

Centre Leonardo Da Vinci

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## **Community Learning Center- Laurier Macdonald High School**

### **Join a Dynamic Community**

LEARN's Network of Community Schools, known as Community Learning Centres (CLC Schools), have a dual role in Quebec: student perseverance and community vitality. In CLC Schools, a dedicated coordinator works closely with school principals and staff to establish mutually beneficial partnerships with community-based organizations, municipalities, local businesses, families, and community members. These partnerships result in support to community and school improvement through enhanced access to recreational, educational, social, and cultural opportunities for youth, families, and the English-speaking community at large. LEARN's Network of

Community Schools (CLCs) bring together the expertise and efforts of educators, students, parents, and partners in our community to cultivate success for all learners.

### **Internships Available for the Following Disciplines**

- Community, Public Affairs and Policy Studies
- Social Service

### **Learning Experience**

- Engage in community development
- Project planning and development in partnership with the CLC, Youth Worker, or Spiritual Animators.

### **Contact Us**

Bobbie Variantzas

Community Development Agent

Laurier Macdonald High School

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# Adults, Youth and Seniors



## Italian-Canadian Community Service of Québec (SCCIQ)

### Join a Dynamic Community

Completing a field placement at the Italian-Canadian Community Service of Québec (SCCIQ) is unquestionably an enriching experience, as this organization seeks to provide targeted individuals, groups and organizations with opportunities to fully utilize and integrate existing services offered in and by both Quebec and Canadian society. Established in the East end of Montreal, this community partnership welcomes both local and international student interns from different areas and levels of study to provide psychosocial

assistance, support and resources to a multitude of client demographics. Given that the East end of Montreal has a predominant Italian population, the SCCIQ promotes Italian culture and language, as this organization strives to encourage this demographic's involvement within the community.

### **Internships Available for the Following Disciplines**

- Social Work and Social Service
- Applied Human Sciences
- Nursing
- Dietetics and Human Nutrition

### **Learning Experience**

- Collaborate with youth, families, adults and the elderly
- Counsel, support and refer client demographics to existing resources
- Work on multidisciplinary teams
- Facilitate support groups, workshops and conferences to promote and address health-related subjects
- Support and develop different programs and activities promoting healthy living

- Develop hands-on tools and resources
- Participate in health kiosks at community centers, educational institutions and pharmacies

### **Feedback from interns**

It has been a pleasure completing my placement at the SCCIQ because *I get a touch of everything. I am able to work with dynamic and diverse populations.* The SCCIQ and its network partners are *easily accessible* via public transportation.

### **Contact Us**

Maria Maiolo

Executive Director

Italian-Canadian Community Service of Québec—  
SCCIQ

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# Addictions



## **Toxico-Stop Centre**

### **Join a Dynamic Community**

Completing a field placement at Toxico-Stop Centre allows interns to practice in an autonomous environment, as this organization seeks to provide services to both women and men over the age of 18 who have addiction problems. Toxico-Stop provides programs and services through a humanistic approach which recognizes that treatment must be tailored to the individual and their specific needs by creating a warm, trusting and safe environment. Located in the East end of Montreal, this centre welcomes student interns from diverse areas and levels of study who are passionate in assisting individuals to access specialized services in order for them to overcome their addiction difficulties.

## **Internships Available for the Following Disciplines**

- Youth and Adult Correctional Intervention
- Special Care Counselling (specialization in Substance Abuse Counselling)
- Nursing (specialization in Addiction)
- Social Work

## **Learning Experience**

- Provide support throughout each resident's detoxification and social reintegration process
- Receive proper training to support residents in the administration of medication
- Collaborate with residents to develop intervention plans adapted to the individuals' needs
- Facilitate support groups and workshops
- Provide residents with specialized and targeted resources

## **Feedback from interns**

Toxico-Stop Centre is perfect for interns that are looking for a *dynamic and fast-paced environment*. That being said, workers from Toxico-Stop make you feel like you are part of their team, as *they give you responsibility and autonomy*, making this experience extremely *gratifying*.

## **Contact Us**

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**Get involved and find out more from our**

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**Funding**

The McGill Retention Project



Health Canada has contributed financially to the production of this booklet

