

SERVICES FOR PROFESSIONALS AND ORGANIZATIONS

TRAINING FOR HEALTH CARE PROFESSIONALS

Learning to Care Better

In partnership with the Federation of Quebec Alzheimer Societies, the Alzheimer Society of Montreal is proud to offer training for caregivers and health care professionals.



30-HOUR	12-HOUR	9-HOUR
Caring for People with Alzheimer's Disease with Dignity and Professionalism.	Daily Care for People with Alzheimer's Disease.	Daily Care for People with Alzheimer's Disease (Responsive Behaviours - Advanced Training).
6-HOUR	15-HOUR	
Interacting with People with Alzheimer's Disease.	A Training Program Specially Designed for Administrators.	

These trainings are accredited by: l'Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec and l'Ordre des infirmiers et infirmières auxiliaires du Québec.

Trainings are available at a reduced rate for groups of 10 to 15 people with your choice of time and location. Details available at: 514-369-0800 | info@alzheimermontreal.ca

ALZHEIMER'S TRAINING

18-HOUR PROGRAM FOR RESPITE WORKERS

This **free three-day training** is intended for people who work at not-for-profit organizations financed by l'Appui that provide respite services to caregivers of people with Alzheimer's disease or other neurocognitive disorders.

6-HOUR PROGRAM

This **free training** is intended for volunteers and administrative staff of not-for-profit organizations financed by l'Appui that provide respite services to caregivers of people with Alzheimer's disease or other neurocognitive disorders.

FINANCÉ PAR

L'APPUÏ POUR LES PROCHES AIDANTS D'AINÉS
MONTRÉAL

lappuimontreal.org

For more information, contact Teresa Anuza, Coordinator of Educational Services: 514-369-0800, Ext. 1211 | tanuza@alzheimermontreal.ca

WORKSHOPS FOR HEALTH CARE PROFESSIONALS

CORE TRAINING PROGRAM (4-HOUR MODULES)

MODULE 1
UNDERSTANDING ALZHEIMER'S DISEASE AND RELATED DISORDERS
An examination of the fundamentals of Alzheimer's disease, utilizing a person-centred approach.

MODULE 2
MEMORY'S FOOTPRINTS
An interactive training focusing on understanding the life experiences of the person living with dementia.

MODULE 3
COMMUNICATION IN ACTION
An examination of changes in communication and an introduction to techniques and strategies to improve the quality of life of people living with dementia.

MODULE 4
DAILY LIVING WITH ALZHEIMER'S DISEASE – ROUTINES AND ACTIVITIES
A training focusing on strategies and interventions to meet the specific needs of people living with dementia.

CALENDAR FALL 2018	
Fridays from 8:30 a.m. to 12:30 p.m.	
FRENCH	
Module 1	Sept. 21
Module 2	Oct. 5
Module 3	Oct. 19
Module 4	Nov. 2
ENGLISH	
Module 1	Sept. 28
Module 2	Oct. 12
Module 3	Oct. 26
Module 4	Nov. 9

\$240 for 16 hours of training
\$60 per session

(Special group rates are available.) A certificate for the Alzheimer Society of Montreal's Core Training Program will be presented to participants upon completion of the initial 4 modules.

MODULE 5
INTIMACY, SEXUALITY AND DEMENTIA
An in-depth examination of how the human need for intimacy, love, and sexual expression may be affected by dementia.
Please note that there are prerequisites for this workshop.



For more information or to register for a training program, please contact
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PUBLIC CONFERENCES

*The Alzheimer Society of Montreal offers free conferences to groups of 15 people or more from not-for-profit organizations.**

Conferences last for approximately 1 hour, including a question period.

* A minimal fee is required from private organizations.

CONFERENCE 1 **DEMYSTIFYING ALZHEIMER'S DISEASE AND RELATED DISORDERS**

This conference includes: common questions about memory loss, Alzheimer's disease and other dementias, symptoms, diagnosis, the progression of the disease, risk factors, and prevention. The conference reassures those in attendance about the difference between normal aging and Alzheimer's disease.

CONFERENCE 2 **AN INTRODUCTION TO ALZHEIMER'S DISEASE AND COMMUNICATION STRATEGIES**

This conference includes: common questions about Alzheimer's disease and other dementias followed by an introduction to strategies for responding to changes in communication and behaviour.

CONFERENCE 3 **VISITING SOMEONE WITH DEMENTIA – WHAT YOU SHOULD KNOW**

This conference includes: a short overview of Alzheimer's disease and other dementias, as well as information about what to expect when visiting someone with Alzheimer's disease and practical ideas for spending time together.

CONFERENCE 4 **CARING FOR THE CAREGIVER**

This conference includes: a short overview of Alzheimer's disease and other dementias followed by a discussion about caregiving, ways to support the caregiver, and how to reduce some of the stress related to caregiving. Family and friends are encouraged to attend.

CONFERENCE 5 **AMBIGUOUS LOSS**

The issue of loss and grief is one of the most significant issues when supporting people with dementia and their caregivers. Ambiguous loss is different from the loss and grief of death because closure is not possible and your grief cannot be fully resolved while the person with dementia is alive. Fortunately, understanding loss and grief can help to ease the effects of the disease.

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Alzheimer Society
MONTREAL