

Community Health Education Program (CHEP) DVD session

Forgetful, Not Forgotten: Alzheimer's & Caregiving

April 26, 2016

1:00-3:00 pm

Almage Seniors Community Centre

January is Alzheimer's Awareness Month in Canada, and CHEP is pleased to have filmmaker Chris Wynn share his experience as male caregiver for his father with Alzheimer's Disease, chronicled in his film *Forgetful, Not Forgotten*. "Much of the power of the documentary comes from Wynn's personal approach. What Wynn has achieved, though, is to bring a little dignity to a disease that generally has no dignity." (The Montreal Gazette). This interactive health education session designed to equip you with tools for greater understanding around Alzheimer's Disease.

Learning Objectives

As a follow up to the January 2014 Alzheimer's presentation *Let's Talk About Alzheimer's Disease* with Teresa Anuza, this special videoconference explores:

- How the progression of Alzheimer's Disease affects the family dynamic
- Aspects of male caregiving
- Ways to access your local Alzheimer Society



Chris Wynn, Canadian Documentary Filmmaker, Musician, Video Artist, speaks from the heart about his journey with his late father, an Alzheimer's sufferer. He regularly addresses groups around his perspective as male caregiver.

Guest: Teresa Anuza, Coordinator – Education Services, Montreal Alzheimer Society

Please note: Generosa Decubellis from the Alzheimer's Society Montreal will be joining the DVD session to answer any questions pertinent to Alzheimer's.

Resources

- Information pamphlets are available online under the Publications tab at: www.alzheimer.ca (22 regional offices across Quebec; invite yours)
- See Chris Wynn's web site: www.forgetfulnotforgotten.com/ and information about the film: www.forgetfulnotforgotten.com/the-film and his YouTube video trailer for *Forgetful, Not Forgotten*: www.youtube.com/watch?v=K52tHgJCQkc (Video available from the Alzheimer Society for \$20)
- CHEP *Let's Talk About Alzheimer's* DVD videoconference January 2014 with Teresa Anuza

Visit CHEP online @ www.chssn.org/En/Health_Education_Program/index.html#.VAcexk10wdV

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